

The Healthy Lakes Contest

More than \$5,000 in prizes to be won - including \$1,000 cash!

Septics: The Basics

Septic systems are the number one polluter of our lakes and rivers.

The more efficiently your Septic System operates, the less pollution goes into the environment.

The 2 secrets to Septic Health and minimizing lake pollution are:
Bacteria and Time

Bacteria –Never let anything go down the drain that kills the good bacteria in your system – your system need these bacteria to digest the waste before the water goes back into our water table and lakes.

Time - Your system needs as much time as you can give it to digest the waste you put in before the next load of water arrives. Remember – one drop in = one drop out of your system.

Give your system time by
Minimizing Water Use and
Spreading It out over Time.

Tip of
the
Week

AVOID ANTIBACTERIAL SOAP AND CLEANERS

Who hasn't stood in front of a mountainous shelf of soaps and cleaners, wondering which one to choose? Septic systems need bacteria, so if you want yours to run smoothly, don't opt for the anti-bacterial product for your hands or dishes - including in the dishwasher.

Shorelines: The Basics

Without a liver your body would not be able to filter toxins and would die. A Natural shoreline is your lake's liver.

Maintaining and re naturalizing our lake shorelines is one of the 2 most important actions that we can take to protect our lakes. Natural shorelines filter out nutrients such as phosphorous before they get into our lakes and cause algae blooms, weed growth and decreased fish populations. They also reduce erosion and flooding and increase habitat for beautiful creatures such as butterflies, birds, fish and frogs.

90% of life in your lake depends on a Natural shoreline with deep rooted native trees and shrubs.

If 75% of your lake's shoreline is not natural your lake is headed for trouble.

Tip of
the
Week

GET OFF THE GRASS

Just because it's green, doesn't mean it's good for your lake. When it comes to roots, the deeper the better. Grass roots are only a few inches deep, compared to native shrub roots that are many feet deep. Deep roots will filter out much more phosphorous before it gets into your lake.

Pay attention to this tip to answer
next week's question!

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This Week's Question:

Check this space every week for a new question.

The first question will be published in next week's Echo and Times.

Prize!

This Week's Prize is:
Check this space each week
to see new prizes to be won!

How to Win:

Send your answer to next week's question by 5 p.m. Thursday, June 7 to chacontest@canoefm.com. The winner will be announced live on air at 4:30 p.m. on June 8 on 100.9 Canoe FM and in this space next week. (Only correct answers will be entered in the draw).

Play Each Week!

All qualifying ballots will be entered in a grand prize draw of \$1,000 cash to be held Friday, Aug. 31, 2018!

The Healthy Lakes Contest brought to you by:



Good Luck!